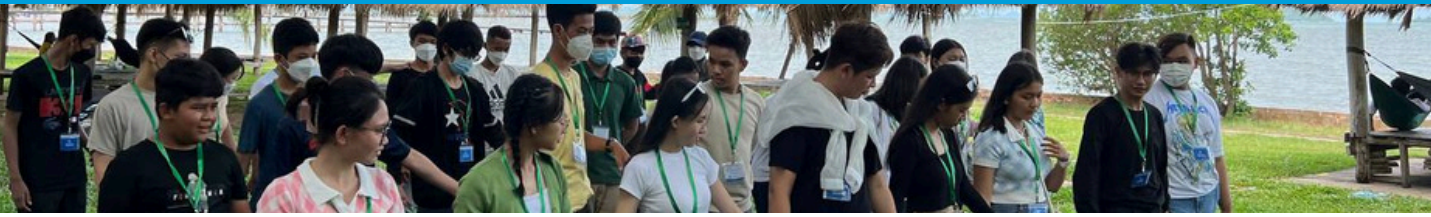


THE LEADER IN ME YOUTH CAMP



Habits play a key role in determining the likelihood of subsequent outcomes in life. Although they are invisible, a person's success or failure stems from this psychological factor. Thus, having and/or developing a good and lifelong habit is recommended for the sake of complete individuals. The 7 Habits of Highly Effective Teens is a life skill-oriented course aimed at developing teenagers' good habits so that they can make use of such soft skills to conduct themselves properly on a daily basis. Moreover, the course will definitely enable the target learners to have self-awareness, self-directedness, self-discipline and especially self-esteem which is essential for the processes of making headway in life. With the course, learners will be equipped with all of the principles discovered by the distinguished founder of the program, Dr. Stephen R Covey, who has devoted himself for the effectiveness within people.

■ Course Objective

Upon the completion of this two-day training, participants are expected to:

- ✓ Develop a set of good habits within the participants so that they can employ these habits to better themselves both at home and elsewhere.
- ✓ Train the participants to discover their strengths and weaknesses in order that they shall be capable of maximizing the former but minimizing the later for the progress in life.
- ✓ Equip the participants with a new pattern of thinking which serves as a catalyst for responsibility in life.
- ✓ Transform the participants into well rounded individuals who will work hard both at school and at work and who will be more sociable with others in their community.

■ Course Structure

The certificate course in The Leader in Me Youth Camp is offered in approximately 16 hours OR 2-days period. The course is based The 7 Habits of Highly Effective Teen. Participants will receive a Certificate of Participation upon successful completion of the course.

■ Course Outline

Principal of Effectiveness

Habit 1: Be Proactive®

Habit 2: Begin With the End in Mind®

Habit 3: Put First Things First®

Habit 4: Think Win-Win®

Habit 5: Seek First to Understand, Then to Be Understood®

Habit 6: Synergize®

Habit 7: Sharpen the Saw®

Habit 8: Take It to the Next Step®

■ Participants will be able to

- Get control of life.
- Develop good relationships with peers.
- Make wise decisions.
- Get on well with their parents.
- Overcome addiction.
- Get more done in less time.
- Increase their self-confidence.
- Be satisfied with life.
- Find balance between school, work, friends, and everything else.
- Define their values and what matters most to them.